

# Polar Plunge A Benefit for Special Olympics Oregon

## Team Captain's Job Description

**Objective:** Recruit a team of 5 plungers to participate in *Polar Plunge 2009* and raise money to support Special Olympics Oregon.

**Recruitment Goal:** 5 Polar Plungers

**Team Dollar Goal:** **\$1,250.00 (5 Plungers each raise \$250)**

### Team Captain Responsibilities:

- Recruit a team of 5 Polar Plungers (co-workers, families and friends).
- Set a team fundraising goal and encourage each of your team members to set a goal of raising \$250 (see fundraising tips).
- Polar Plungers turning in \$50+ in contributions earn the right to plunge, receive a commemorative Polar Plunge T-shirt. **T-shirts are not for sale.** Plungers raising more will receive:

**\$250** the above, plus a Polar Plunge Beanie  
**\$500** the above, plus a Polar Plunge Beach Towel  
**\$1000** the above, plus a Polar Plunge Hooded Sweatshirt  
**\$5000** the above, plus a Polar Plunge Plush Bathrobe

- Distribute a Polar Plunge brochure (includes pledge form), fundraising tip sheet, sample fundraising letter, and Polar Plunge/FirstGiving website information to each of your team members.
- Motivate your team members and support their fund-raising efforts.
- Attend the Polar Plunge Party on (date and location TBA)
- Encourage your team to take the plunge in costume or company uniform!
- Thank your team members and ensure that appropriate recognition activities take place.