

COLUMBIA COLUMBIA

HOW TO PARTICIPATE

- You can register online at www.soor.org/plunge and build your own fundraising website!
- OR**
- Turn in completed form with name and address and all donations to Plunge Registration between 8:30am-10:45am, Saturday, February 21, 2009.
- Solicit donations from family, friends, businesses, etc.
- Each Polar Bear must raise at least \$50.
- Wear a costume! Have fun!

PLUNGE WITH A TEAM

- Recruit your co-workers, family, friends or teammates to plunge with you!
- Each plunger is responsible for collecting a minimum of \$50 in contributions
- A prize will be awarded to the team with the most pledges

ALL PLUNGERS WILL RECEIVE

- Official Event Long Sleeve T-Shirt
- Hot soup provided by Blue Sage Cafe
- Bragging rights for freezing your "fur" off for a great cause!

SPECIAL PRIZES FOR

- Special Olympics Oregon athlete that raises the most money
- Individual Plunger raising the most money
- Team of Plungers that raise the most money
- Sworn Law Enforcement employee raising the most money
- Best costume - judged by Special Olympics Oregon Athletes!
- NEW!** High School Challenge -
A Traveling Trophy will be presented to the High School raising the most money every year!

INDIVIDUAL INCENTIVES!

- | | |
|--------|---|
| \$50 | Official Plunge Long-Sleeved T-shirt |
| \$250 | the above, plus a 2009 Polar Plunge Beanie |
| \$500 | the above, plus a 2009 Polar Plunge Beach Towel |
| \$1000 | the above, plus a 2009 Polar Plunge Hooded Sweatshirt |
| \$5000 | the above, plus a 2009 Polar Plunge Plush Bathrobe |

To receive incentives on site, register by February 13th. On-site registration open until 10:45am on plunge day.

PLEDGE FORM

Submit cash and check pledges with this form to receive credit for money not raised online.

Donor Information		Pledge	Paid
Name	Address		
Name	Address		
Name	Address		
Name	Address		
Name	Address		
Name	Address		
Name	Address		
Name	Address		
Name	Address		
Name	Address		
Name	Address		
Name	Address		
Totals			\$

You can also register or find additional pledge sheets at www.soor.org/plunge - It's easy!

REGISTRATION

first name _____ last name _____

street address _____ city _____

county _____ state _____ zip _____ e-mail _____

phone (____) _____ law enforcement agency (if applicable) _____

team name _____ team captain _____

t-shirt size: S M L XL 2-XL 3-XL

Fax registration to 503.248.0603, register at www.soor.org/plunge or send your registration to Law Enforcement Torch Run Polar Plunge, Special Olympics Oregon, 5901 SW Macadam Ave., Suite 200, Portland, OR 97239 by February 13, 2009 to ensure your shirt size. On-site registration is open until 10:45am on plunge day.