

Summer State Games Schedule and Venues

2012 summer state games

JULY 14–15 / Newberg, Oregon

Training for Life

COACHES' HANDBOOK



partially supported by



PRE-GAMES & COMPETITION INFORMATION

NUMBERS & ADDRESSES YOU NEED TO KNOW

Emergency (24-hour) – true emergencies only please

Mark Hanken, Sr. VP of Sports (971) 404-1322 (mobile)

Police & Fire Emergency

911

Newberg High School* –

Athletics (Track & Field), Softball, Dinner, Ceremonies, Dance & Olympic Town

1400 N. Elliott

Newberg, OR 97132

Chehalem Glenn Golf Course – Golf

4501 E. Fernwood Road

Newberg, OR 97132

Darnell Wright Softball Complex* (located behind Crater Elementary) - Softball

203 W. Foothills Drive

Newberg, OR 97132

George Fox Austin Sports Complex* – Bocce (adjacent to Joan Austin Elementary)

1013 Crestview Drive

Newberg, OR 97132

NOTE: Parking lot is accessed by 2200 N. Center Street, Newberg, OR 97132

***- THESE VENUES ARE NO SMOKING FACILITIES. NO EXCEPTIONS.**

The golf course is the only venue which has a designated smoking area.

Special Olympics Oregon State Office

5901 SW Macadam, Suite 200

Portland, OR 97239

(800) 452-6079 (toll free)

(503) 248-0600 (phone)

(503) 248-0603 (fax)

www.soor.org

2012 Special Olympics Oregon Summer State Games Schedule at a Glance Page 1 of 2

Athletics at Newberg High School

Friday, July 13

6:00pm - 7:00pm Athletics Head Coach Packet Pick Up at the stadium grandstands near track*

7:00pm – 8:00pm Athletics Head Coach Meeting in stadium grandstands (snacks provided)*

* - Any athletics head coach that is unable to pick up their packet and report scratches on Friday night should report to Newberg HS – Athletics Nerve Center on Saturday, July 14 between 7:30am and 8:30am.

Saturday, July 14

9:00am to 4:00pm Competition and Awards

Sunday, July 15

9:00am to 3:00pm Competition and Awards

Golf at Chehalem Glenn

Saturday, July 14

Level 1 Individual Skills – Practice Range

| | |
|---------|---|
| 8:30am | Volunteer & Coach Check-in |
| 9:00am | Competition Begins |
| 11:30am | Awards begin - will be at Practice Course |
| Noon | Lunch distribution |

Level 3 & 5 – 18 hole Golf – Main Course

| | |
|-------------|------------------------------|
| 8:30am | Volunteer & Coach Check-in |
| 9:00am | Competition Begins |
| 9:32am | Final tee Time |
| Noon | Lunch distribution (at turn) |
| 2:00-3:00pm | Awards – practice range tent |

Sunday – July 15

Level 2 & 4 - 9-hole Golf – Main Course

| | |
|---------------------|---|
| 8:00am | Coach/Athlete Check-in |
| 8:00am | Vol Check-in |
| 8:30am | Coaches' Meeting |
| 9:00am | Competition Begins |
| 11:00am | Final Tee Time |
| 11:30am-3:00pm | Awards – practice range tent |
| Completion of round | Lunch distribution – snacks will be provided at first tee |

NOTE: Athletes and Partners must check in with the starter ½ hour prior to assigned tee time

**2012 Special Olympics Oregon Summer State Games
Schedule at a Glance
Page 2 of 2**

Bocce at George Fox Austin Sports Complex (adjacent to Joan Austin Elementary)

Saturday, July 14

| | |
|-------------------|--|
| 9:00am | Coach Check-in |
| 9:30am | Coaches' Meeting |
| 10:00am to 5:00pm | Competition |
| 11:00am to 1:00pm | Lunch (no matches scheduled between 12:15pm and 1pm) |

Sunday, July 15

| | |
|------------------|---|
| 9:00am to 4:00pm | Competition & Awards |
| 11:00am | Lunch Available (no matches scheduled between 11:15pm and 12noon) |

Softball Venues - Newberg High School & Darnell Wright Softball Complex (behind Crater Elementary)

Saturday, July 14

| | |
|-------------------|--|
| 9:00am | Coach Check-in |
| 9:20am | Coaches' Meeting |
| 9:50am | Opening Welcome |
| 10:00am to 5:30pm | Team Competition |
| 1:00pm to 2:30pm | Individual Skills Competition and Awards at TBA (will be shared in softball specific memo) |

Sunday, July 15

| | |
|------------------|-----------------------------|
| 8:00am to 4:30pm | Team Competition and Awards |
|------------------|-----------------------------|

Saturday & Sunday Special Events at Newberg High School

Saturday, July 14

| | |
|-------------------|--|
| 10:00am to 5:00pm | Olympic Town at Newberg HS in Area North of Stadium (near Mountain View Middle School) |
| 10:00am to 3:00pm | Healthy Athletes at Newberg HS gym |
| 10:00am to 3:00pm | TRAIN (fitness assessment and nutrition education) at Newberg HS gym |
| 4:30pm to 6:45pm | Dinner in Area East of Stadium (near Mabel Rush Elementary) |
| 5:00pm | Law Enforcement Torch Run – Torch Arrival in Area East of NHS Stadium (near dinner) |
| 7:00pm | Local Program Staging for Opening Ceremonies begins near dinner area |
| 7:30pm - 8:30pm | Parade of Athletes, Games Ceremonies |
| 8:45pm – 9:30pm | Dance |

Sunday, July 15

| | |
|------------------|--|
| 9:00am to 1:00pm | Olympic Town at Newberg HS in Area North of Stadium (near Mountain View Middle School) |
| 9:00am to 12noon | TRAIN (fitness assessment and nutrition education) at Newberg HS gym |

Introduction

The Newberg community is very excited to again host the 2012 Special Olympics Oregon Summer State Games proudly supported by A-dec, Nike, Law Enforcement Torch Run, Key Bank, Les Schwab Tire Centers, Coca-Cola, Safeway, Roth's Fresh Markets, Dex, Day Wireless, Jack and Susan Folliard, Event Medical Services, Walmart, Prudential Northwest, Providence Newberg, Newberg Dodge/Chrysler/Jeep, Bizeau Dental, and First Community Credit Union.

Venue hosts include Newberg School District (athletics, softball and various special events), George Fox University (bocce), and Chehalem Parks & Recreation District (golf and softball).

The Games Organizing Committee and the staff of Special Olympics Oregon have been working hard to make your experience at the 2012 Summer State Games the very best in hospitality, competition and services.

This handbook provides useful information. Take time to review this entire handbook very thoroughly before you leave for the 2012 Summer State Games in Newberg. Immediately telephone the state office at (503) 248-0600 if you have any questions or problems, rather than waiting until on-site registration. Additional copies of this book will be available at registration and made available at www.soor.org.

Enjoy your time at the Summer State Games and celebrate as our athletes demonstrate courage, share joy and celebrate achievements on and off the field of play. We are celebrating the 40th anniversary of Special Olympics in the state of Oregon. Thank you for being a part of it!

For continued updates about the Summer State Games and other Special Olympics Oregon news and information, check out our website at www.soor.org.

PRE-GAMES

Official delegates

All coaches, volunteers and any other individuals accompanying a delegation must be approved Class A volunteers (background check, completed General Orientation and Protective Behaviors sessions) in order to accompany the delegation to the Games. Without this prior approval, individuals are not considered coaches or chaperons and are not eligible to participate at Summer State Games.

Before Leaving for the Games

We urge each Local Program, before leaving for the Games, to double check for the following:

- Required sports equipment and clothing (no denim allowed for competition)
- Parade wear for Games Ceremonies
- Athlete medication as required
- Copy of Medical Form for each registered athlete
- Copy of Unified Partner Form for each registered Unified Partner
- Copies of entry forms and rooming lists.
- Alarm clocks
- Towels to shower at Newberg HS on Saturday evening – if desired (before dinner)
- Each individual article of clothing, equipment, medication, etc. should be individually marked with the owner's last name, first initial and team name.

Coaches Should Plan on Bringing for All

- Additional snacks (fruit & granola bars are good) to supplement lunch and dinner
- Additional Water & Gatorade – While water will be available on site, it is important that local programs bring additional water for their athletes
- Teams should plan to bring pop-up tents or canopies to supplement shade that will be provided. There will be designated areas where teams can set up these canopies. Please only place these tents in permitted areas.
- Sunscreen
- Hand Sanitizer

What Each Participant Needs to Bring

We would like for each participant to bring only essential clothing and supplies, here are a few items that each participant should bring with them:

- Toothbrush and toothpaste
- Soap and shampoo
- Clean change of clothes for each day
- Appropriate clothing for competition : i.e. uniform (denim jeans are not acceptable for any competition)
- Combs, brushes, sleepwear and other needed personal items
- Towel if planning to shower at Newberg HS before dinner
- Any needed medication
- Money for souvenirs or to purchase a snack from concessions
- Hats
- Water Bottles (refillable)
- Sunscreen

Make sure that the participants have all their personal items clearly marked. Special Olympics Oregon is not responsible for lost or stolen items.

Please be aware that athletes must wear the appropriate competition gear as allowed by the National Governing Body and the Special Olympics Oregon sports rules and guidelines for each sport. Competitors who violate these rules will be disqualified.

Encourage your athletes not to bring or wear jewelry. Special Olympics Oregon is not responsible for lost or stolen items.

SUMMER STATE GAMES CHECK-IN

Check-in Procedure

Friday, July 13

Athletics Head Coaches at Newberg High School – Track Stadium

6:00pm to 7:00pm – Coach Packet Pick Up & Report Scratches at stadium grandstands near track

7:00 – 8:00pm – Athletics Head Coach Meeting & Venue Orientation in grandstands

*** - Any athletics head coach that is unable to pick up their packet and report scratches on Friday night should report to Newberg HS – Athletics Nerve Center on Saturday, July 14 between 7:30am and 8:30am.**

Saturday, July 14

Bocce Head Coaches at Austin Sports Complex– see sports specific schedule

Golf Head Coaches at Chehalem Glenn Golf Course – see sports specific schedule

Softball Head Coaches at assigned venue for your team's division – see sports specific schedule

Credentials

Athletes & Unified Partners (officially registered with the delegation) will be issued white ID nametags (credentials). Athlete & Unified Partner nametags (credentials) will include: Athlete/Partner Name, Team and Event Information. Three sets of name tags will be provided for each athlete/partner (one for each day of competition and one for the dinner/ceremonies/dance). It is advised that athletes keep these on while at Summer State Games to help identify them as part of the Special Olympics Oregon Summer State Games event.

Coaches will receive bright yellow name tags and will be asked to wear these during the event. Chaperones designated to be 1:1 with an athlete will be issued specific credentials identifying this role.

In the event that replacement credentials are needed during the Games, these may be obtained from a SOOR staff member at one of the venues. SOOR staff will only issue a replacement for these credentials after they have verified athlete/partner/coach information.

COACHES

Thank You!

Thank you for all of your hard work and dedication in supporting year-round sports training and competition opportunities for the athletes of Special Olympics Oregon. As coaches and other supporters, you are on the front lines making a daily difference in the lives of athletes – helping them to set goals and reach their personal bests.

With nearly 1,500 athletes and 500 coaches participating in this two-day event, problems may arise. We are all here to enjoy the competition and special events. Please do not complain to the volunteers if problems do arise. Voice your concerns to the appropriate staff member or event director. They will be on site during competition and special events. These people will be identified with Games credentials. Games evaluation forms will be available at each venue and in on-site coaches' packets.

On behalf of the Special Olympics Oregon 2012 Summer State Games Organizing Committee, best of luck to you and your group.

Have a safe trip and enjoy the Games!

Head Coaches

The head coach is the individual directly responsible for the coordination and management of the athletes and coaches from their team. He/she is primarily responsible for ensuring that athletes and other coaches are at the competition sites and events on time, properly equipped and trained for that event.

Head coaches should plan to attend all coaches' meetings.

Coaches' Responsibilities

Coaches coming to the 2012 Summer State Games must accept and carry out these responsibilities:

- Provide for the general welfare, safety, health and well being of each Special Olympics athlete and unified partner in their charge.
- Be thoroughly familiar with all information in this handbook.
- Provide the following specific services to each Special Olympics athlete and unified partner in their charge:
 - Provide supervision 24 hours a day, in cooperation with other coaches in their delegation.
 - Ensure that credentials are worn at all times.
 - Assist with accounting for luggage and personal items at all times.
 - Get to all meals during scheduled times.
 - Report to competition staging areas at the proper times.
 - Take full advantage of clinics and other special events.
 - Ensure that prescribed medications are taken at the proper times.
 - Maximize the benefits achieved through participation.
 - Assist in moving to and from lodging.
 - Assist in keeping track of souvenirs purchased.
- Be assembled at the proper time and place for special events.
- Report all emergencies to the appropriate authorities after taking immediate action to ensure the health and safety of participants.
- Respect all volunteers and officials

- Abide by and help enforce all facility related policies regarding no smoking, food restrictions on field of play, pets, etc...

Coaches' Access

Coaches will be asked to respect the rules regarding access to the field of play that govern each sport that will be held at Summer State Games. Volunteer event personnel have been instructed to assist competition directors in strictly enforcing this policy, so please cooperate with their instructions.

Reminder: Athletes and coaches must wear their credentials at ALL TIMES during the Summer State Games. These credentials will be required for admittance to competitions, special events, meals and other Games activities.

COMPETITION – OVERALL

General Information

- Athletes & Unified Partners competing in the Summer State Games have advanced from regional competitions based on the Advancement Criteria in the Special Olympics Rules.
- Specific time schedules for each competition will be given out in advance. Final updates may take place at the on-site coaches' meeting.
- Protests shall not be received or considered if they are based solely on a decision involving the accuracy or judgment on the part of an official. Protest forms must be completed and submitted within 30 minutes of the event in question to the venue/sport director. A Protest Form is enclosed. Additional forms will also be available on-site. **ONLY HEAD COACHES MAY SUBMIT A PROTEST.**
- **DO NOT BRING YOUR PETS!** Please DO NOT bring or allow athletes or families to bring pets of any kind to competition or special event venues - except for service animals such as a guide dog or other.
- Athletes & Unified Partners are NOT permitted to use cell phones while competing on the field of play (such as during a bocce match or on the golf course).

WEATHER CONTINGENCY PLAN

- The Sr. VP of Sports and Games Committee in cooperation with the on-site medical teams will be the final authority regarding cancellation or postponement of any phase of the Summer State Games.
- If weather does force any schedule adjustments, information concerning postponements or cancellation will be available at the headquarters at each sports venue. Always assume that competition is on schedule unless you hear otherwise.

ATHLETICS

(Track & Field)

ATHLETICS

Venue

Newberg High School
1400 N. Elliott
Newberg, OR 97132

Directions available in the *Maps & Directions* section of this handbook. You can also go to www.mapquest.com for door to door directions to this venue.

It is important that teams use the south entrance off of N. Elliott. Due to construction on campus, parking on the north side (Douglas Ave entrance) will be very limited.

Competition Director

Jan Hull

Facilities & Competition Support

Tim Burke, NHS Director of Athletics
Brandon Ramey, NHS Track Coach

Head Meet Official

Rockne Lechelt, USATF Certified

Lead Staff

Joann Stoller, Special Olympics Oregon Sr. Director of Sports

Athletics General Information & Rules Reminders

The official Special Olympics Oregon Sports Rules shall govern all Special Olympics Oregon athletics competitions. These rules are based upon the USA Track & Field rules for athletics (www.usatf.org). USA Track & Field rules shall be employed except when they are in conflict with the official Special Olympics Oregon Sports Rules. In such cases, the official Special Olympics Oregon Sports Rules shall apply. These rules can be accessed via the Special Olympics Oregon website at http://www.soor.org/Upload/Documents/2012_SOOR_Athletics_Rules_and_Guidelines_Packet.pdf

If an athlete has any special needs that Special Olympics Oregon and Games volunteers should be aware of, these should have been identified on registration forms.

If an athlete is disqualified in an event at the regional competition, that athlete is NOT allowed to advance in that particular event to Summer State Games.

Track Events

Track events and track awards will be held at Newberg HS track. The Nerve Center and Track Staging have both been relocated due to construction. A map will be provided in advance and will be reviewed in detail at the athletics coaches' meeting on Friday evening.

Field Events

All field events and field awards will be held on the Mt. View MS campus (adjacent to the HS campus near Olympic Town) due to construction at NHS this year. This area is accessible by a walk-way from the Newberg HS track. Athlete drop-off is at Newberg HS.

Uniforms Reminders

- NO DENIM is permitted in any athletics competition. No exceptions.
- Appropriate footwear and shirts, shorts and/or pants that fit an athlete properly so that it does not hinder their performance (for example: by requiring an athlete to hold them or pull them up while running)

Softball Throw Reminder

There is an established maximum distance of 20m in the softball throw event. Athletes who can throw farther than 20m should not be entered into this event. Athletes who threw further than 20m in all 3 attempts at regional competition were not allowed to advance to Summer State Games. Athletes who throw farther than 20m in all 3 attempts at Summer State Games will be awarded a participation ribbon.

Relays

Relay teams were advanced based on those individuals who ran on relay teams at regional competition. NO changes to the originally registered relay teams are permitted at state. Alternates listed at regionals will be permitted to be listed for state.

Shot Put Reminders

Proper form & legal puts will be a point of emphasis. Please make sure that each of your athletes competing in the shot put train for skill development & safety.

We will be using the following shot-put weights:

- 4kg (8 lbs. 14 oz.) – Male (ages 12+)
- 2.72kg (6 lbs.) – Male (ages 8-11),
Female (ages 12 & up)
- 1.81kg (4 lbs.) – Male (wheelchair),
Female (ages 8-11);
- 1.36kg (3 lbs.) – Female (wheelchair)

Running Long Jump Reminders

- The take off mark will be one meter from the edge of the sand.
- If an athlete steps over the jump mark it is a foul and an illegal jump.
- If an athlete jumps less than one meter it is considered a foul.
- If an athlete jumps less than one meter in each of his/her 3 attempts it is considered a DQ and will be awarded a participation ribbon.

50M Dash Reminder

- Athletes that run the 50m race in 9.0 seconds or less at Summer State Games will be disqualified and be awarded a participation ribbon.

Race Walk & Assisted Walk Reminders & Information

- Athletes shall train & compete in the race walk by following governing body rules.
- If an athlete begins to run he/she will be disqualified
- Athletes in the assisted walk MUST use a walking device and MAY NOT have any assistance from a coach or volunteer on the track. Only exception is for visually impaired who may have a guide.
- 400m racewalk competition will be done in lanes with a staggered start. Athletes need to stay in their lanes the entire race.
- **To expedite the 400m race walk, heats will start “interval style” – this means as a heat reaches the 200m mark, the next heat will take the start line and begin their race.**

High Jump Reminders

- The minimum opening height will be 1M.
- The competitor shall take off from one foot.

Distance Races

- All walk and run races that are 400m or shorter will be conducted in their lanes. Races 800m or longer will use waterfall or mass starts per USATF rules.

Pentathlon

Athletes will be provided a specific schedule for their 5 events. Athletes in the pentathlon will receive one award for their total score. An award will not be provided for each individual event.

Due to construction issues at NHS, the high jump event will be conducted on Sunday morning at 9am at George Fox University track. The remaining pentathlon events will be conducted at Newberg HS along with the rest of the athletics competition. Awards for pentathlon will take place after the final event on Sunday afternoon at NHS.

Missed Heats

- There will be NO make-up heats, nor competition for participation ribbons, for late or unregistered athletes.
- It is the responsibility of the coach to have the athlete in the staging area at the appropriate time.
- *Track events take priority over field events in the case of a schedule conflict.*
- If an athlete misses a track event, it cannot be made up.

Coach Access to the Track & In-Field

- The main grandstands are covered and have seating for nearly 2,000 people.
- Wheelchair seating is limited, but designated areas will be identified to accommodate wheelchair athletes and spectators.
- Due to construction, access will likely be even more limited than in 2011.
- Coaches, spectators and non-competing athletes will **NOT** be allowed on the track.
- This rule will be enforced for the safety of competing athletes and to be in accordance of NGB rules for athletics.
- Coaches will only be allowed in staging or in the infield to assist athletes with visual impairments or severe emotional or behavioral situations. ***Athletes requiring this level of support must have this indicated on the registration forms.***
- There will be access to the infield to view awards and to pick up athletes after awards. Coaches and athletes are not to linger in the infield after awards have taken place – only exception is if they are watching other awards presentations. ALL INFIELD ENTRY IS CONTROLLED BY CROSSING GUARDS. PLEASE FOLLOW THEIR INSTRUCTIONS ON PROPER TIME TO CROSS TRACK. This policy is in place for safety and competition integrity.
- There will be designated awards spectator areas for track and specified athlete and spectator walkways from awards.

ATHLETICS SCHEDULE

NOTE: A specific track and field schedule and order of events will be sent to coaches prior to the competition in a separate document.

General Schedule

Friday, July 13

Between 6:00pm & 7:00pm Athletics Coach Check-in for packet pick up and scratches at NHS – Track Stadium Grandstands*

7:00pm to 8:00pm Athletics Coaches Meeting & Venue Orientation at NHS – Track Stadium Grandstands*

* - Any athletics head coach that is unable to pick up their packet and report scratches on Friday night should report to Newberg HS – Athletics Nerve Center on Saturday, July 14 between 7:30am and 8:30am.

Saturday, July 14

9:00am to 4:00pm Competition and Awards at NHS

11:00am to 1:00pm Lunch Distribution

Sunday, July 15

9:00am to 3:00pm Competition and Awards at NHS

9:00am to 11:00am High Jump Competition at George Fox U. Track

11:00am to 1:00PM Lunch Distribution

Awards

Awards are an important part of the Special Olympics competition experience. Organizers will focus on creating awards areas that highlights athletic accomplishment and determination with a dignified presentation.

Awards will be presented at the venue immediately after the completion of competition divisions and results are compiled. There will be two awards venues –the track awards being presented in front of the grandstands and field awards at Mt. View MS near the softball throw venue. These awards areas will be clearly identified.

Coaches are encouraged to help organizers by being available to pick up athletes after they receive their awards at athletics venues.

Meal Distribution

Lunches will be distributed to athletics coaches and athletes at the NHS Commons.

On Saturday, dinner will be served from 4:30pm to 6:45pm in the grass field area east of the NHS track stadium (near Mabel Rush Elementary).

In addition, concessions will be available at NHS during both days of competition.

BOCCE

BOCCE

Venue

George Fox Austin Sports Complex (adjacent to Joan Austin Elementary)

1013 Crestview Drive

Newberg, OR 97132

NOTE: Parking lot is accessed by 2200 N. Center Street, Newberg, OR 97132

Directions available in the *Maps & Directions* section of this handbook. You can also go to www.mapquest.com for door to door directions to this venue.

Competition Co-Directors

Brooks Clemens & Jeff Porter

Head Official

David Grange

Lead Staff

Janet Capetty, Special Olympics Oregon Sr. Vice President of Field Services

General Information & Rules Reminders

The official Special Olympics Oregon Sports Rules shall govern all Special Olympics Oregon bocce competitions. These rules are based upon the Special Olympics, Inc rules for bocce. These rules can be accessed via the Special Olympics Oregon website at

http://www.soor.org/Upload/Documents/2012_SOOR_Bocce_Rules_and_Guidelines_packet.pdf

- Only teams that competed at regionals are eligible to advance to state.
- No partner or athlete substitutions can be made from regionals to state.
- Matches will be scheduled every 45 minutes. Time limit for matches will be 40 minutes.
- Any match that is tied and not completed at the 40 minute mark will play out one deciding frame until a winner is determined.
- Players must arrive in proper uniform and ready to play for the start of each match. Any player/team that does not arrive within 5 minutes of the start time of a match will forfeit that match.
- Rule Reminders/Updates:
 - Anchors will be used to secure the courts. Any anchor that is on the line or in the field of play is considered part of the court. A ball is only ruled "out" if/when it completely crosses the out of bounds lines.
- The surface at Austin Sports complex is field turf. This surface is artificial but it is designed to simulate grass. It will play a little faster than natural grass (where Eugene regionals were held), and will be very similar to the field turf at Hillsboro Stadium (where metro regionals were held).

Uniform Reminders

- NO DENIM permitted for competition
- No open-toe shoes allowed for competition

BOCCE SCHEDULE

Divisions & Match Schedule will be sent to Head Coaches in a separate document

Saturday, July 14

9:00am to 9:30am Coach Check-in
9:30am Coaches' Meeting
10:00am to 5:00pm Competition
11:00am to 1:00pm Lunch (no matches scheduled between 12:15pm and 1pm)

Sunday, July 15

9:00am to 3:00pm Competition & Awards
11:00am Lunch Available (no matches scheduled between 11:15pm and 12noon)

Hierarchy for round-robin awards (or playoff seeding):

1. Overall record
2. Head to Head competition
3. Fewest Points allowed
- 4a. For awards (if round robin), if still tied, then award same place
- 4b. For seeding (if playoffs), if still tied, one frame playoff for seeding

Awards

Awards are an important part of the Special Olympics competition experience. Organizers will focus on creating an awards area that highlights athletic accomplishment and determination with a dignified presentation.

Awards will be presented at the venue after competition has concluded.

Sportsmanship Awards

Sportsmanship awards will be presented to the team in each division that represents the true spirit of courage, competition and sportsmanship. Committee members and officials will determine the recipients. On rare occasions, the committee may feel that no team is worthy of the sportsmanship award within a division.

Meal Distribution

Lunches will be distributed in the Joan Austin Elementary cafeteria which is located across the parking lot from the bocce competition venue.

On Saturday, dinner will be served from 4:30pm to 6:45pm in the grass field area east of the NHS track stadium (near Mabel Rush Elementary).

In addition, concessions will be available at this venue.

GOLF

GOLF

Venue

Chehalem Glenn Golf Course

4501 E. Fernwood Road
Newberg, OR 97132

Directions

Please refer to the *Maps & Directions* section of this handbook for directions to this venue. You can also go to www.mapquest.com for door to door directions

Venue Director

Branden Thompson, Head Golf Professional, Chehalem Glenn Golf Course

Lead Staff

Tyler Cox, Special Olympics Oregon Sr. Director of Sports

Golf General Information & Rules Reminders

The official Special Olympics Oregon Sports rules shall govern all Special Olympics golf competitions. These rules are based upon the United States Golf Association rules (www.usga.org). USGA rules shall be employed except when they are in direct conflict with the official Special Olympics Oregon sports rules. In such cases, the official Special Olympics Oregon sports rules shall apply. These rules can be accessed via the Special Olympics Oregon website at

http://www.soor.org/Upload/Documents/2012_SOOR_Golf_Rules_and_Guidelines_Packet.pdf

Levels of Competition

For a complete review of the rules of each level of golf competition please refer to the Official Special Olympics Summer Sports Rules. Below is a brief description of each level of play that will be offered at Summer State Games.

Level 1 – Individual Skills: Short Putt, Long Putt, Chip Shot, Pitch Shot, Iron Shot, Wood Shot

Level 2 – 9 holes with Unified Partner

Level 3 – 18 holes with Unified Partner

Level 4 – 9 holes Individual Play

Level 5 – 18 holes Individual Play

Golf Carts

Walking the course is part of Special Olympics Oregon tournament golf. Power carts will only be available to those athletes who are physically unable to walk the course. Any athlete or partner requiring the use of a cart must provide a written doctor's note and must place the request to the state office for a cart prior to the tournament. Teams are NOT permitted to make arrangements directly with the course for carts under any circumstances. Any team that does so risks disqualification.

To expedite play, golf cart shuttles will be provided to all competitors for the following:

9 hole competition – from hole 6 green to 7 tee box

18 hole competition – from hole 6 green to hole 7 tee box; hole 9 to 10 tee box; hole 14 green to 15 tee box

Parents will not be allowed to rent golf carts at this event. This reminder will be shared at the coaches' meeting.

Scoring for Levels 2 & 3 Alternate Shot - Reminders

- The scoring method that will be used for Level 2 & 3 is Alternate Shot. The two players will play alternately from the teeing grounds and then alternate strokes until the ball is holed or until 10 strokes have been played on a hole.

- For example, if player A plays from the tee on the odd numbered holes, then player B would play from the tee on the even numbered holes. Only one ball is in play on a hole.
- After 10 strokes, if the ball has not been holed, a score of 10X will be written for that hole.
- Please do NOT continue to play after the 10th stroke has been played. This can cause unnecessary delays on the course.

Maximum Qualifying Scores From Regionals

- 9-hole individual golfers or golf pairs had to score 72 strokes or lower at regionals to advance to state level competition.
- 18-hole individual golfers or golf pairs had to score 126 strokes or lower at regionals to advance to state level competition.

Attire

- Athletes and Partners are expected to wear a collared shirt, not a T-shirt, when competing.
- Athletes and Partners should wear shorts or slacks – NO denim shorts or jeans will be allowed.
- Coaches are asked to also wear golf appropriate attire as a model for their athletes.
- Hats and sunscreen are recommended.
- Golf shoes are recommended but not required.

SCHEDULE

Saturday – July 14

Level 1 Individual Skills – Practice Range

| | |
|---------|---|
| 8:30am | Volunteer & Coach Check-in |
| 9:00am | Competition Begins |
| 11:30am | Awards begin - will be at Practice Course |
| Noon | Lunch distribution |

Level 3 & 5 – 18 hole Golf – Main Course

| | |
|-------------|---|
| 8:30am | Volunteer & Coach Check-in |
| 9:00am | Competition begins |
| 9:32am | Final Tee Time |
| Noon | Lunch distribution (at turn) – snacks and water will be provided at first tee |
| 2:00-3:00pm | Awards – practice range tent |

Sunday, July 15

Level 2 & 4 - 9-hole Golf – Main Course

| | |
|---------------------|---|
| 8:00am | Coach/Athlete Check-in |
| 8:00am | Vol Check-in |
| 8:30am | Coaches Meeting |
| 9:00am | Competition Begins |
| 11:00am | Final Tee Time |
| 11:30am-3:00pm | Awards – practice range tent |
| Completion of round | Lunch distribution – snacks and water will be provided at first tee |

NOTE: Athletes and Partners must check in with the starter ½ hour prior to tee time

Awards

Awards are an important part of the Special Olympics competition experience. Organizers will focus on creating an awards area that highlights athletic accomplishment and determination with a dignified presentation.

Awards for all golfers will be presented near the golf headquarters tent immediately after the completion of competition divisions and results are compiled.

Coaches are encouraged to help organizers by making sure athletes and partners report to the awards area after completing their round.

Meal Distribution

Lunches will be distributed to golf coaches, athletes and partners at the headquarters tent.

On Saturday evening, dinner will be served from 4:30pm to 6:45pm in the grass field area east of the NHS track stadium (near Mabel Rush Elementary).

On Saturday, golfers will receive their lunch at the turn of their round of 18 holes.

In addition, concessions will be available at the Chehalem Glenn Golf Course clubhouse.

SOFTBALL

SOFTBALL – 2 Venues

Darnell Wright Softball Complex (behind Crater Elementary) – Softball

203 W. Foothills Drive
Newberg, OR 97132

Newberg High School - Softball

(turn left after you enter the parking lot off of Elliott – the softball fields are on the west side of campus)
1400 N. Elliott
Newberg, OR 97132

Directions

Please refer to the *Maps & Directions* section of this handbook for driving directions to this venue. You can also go to www.mapquest.com for door to door directions.

Venue Site Supervisors

Carl & Toni Wilkinson – Darnell Wright
Barbara Coates – Newberg HS

Officials Coordinator

Trina-Jean Comerford, Amateur Softball Association, Oregon

Lead Staff

Kelly Coates, Special Olympics Oregon Director of Field Services
Mark Collinger, Special Olympics Oregon Director of Field Services

General Information & Rules Reminders

The official Special Olympics Oregon Sports Rules shall govern all Special Olympics Oregon softball competitions. These rules are based upon the Amateur Softball Association (ASA) rules for softball (www.softball.org). ASA rules shall be employed except when they are in conflict with the official Special Olympics Oregon Sports Rules. In such cases, the official Special Olympics Oregon Sports Rules shall apply. These rules can be accessed via the Special Olympics Oregon website at http://www.soor.org/Upload/Documents/2012_SOOR_Softball_Rules_and_Guidelines_Packet.pdf

Roster Reminders

- Only athletes and partners who competed on a team's roster at regional competition can be on a team's roster for state.
- In the case of the rainout at the Hillsboro Regional, only scheduled teams with athlete and partners who were on the final registration are eligible to advance.
- Traditional Softball Team Rosters are limited to 15 players (minimum of 10).
- Coach Pitch Teams are limited to 15 players (minimum 10). Coach who is pitching is NOT to be included in the roster count.
- Unified Softball Team Rosters are limited to 16 players (minimum of 10).
- Unified teams are not required to have a specific number of athletes or partners on the overall roster, though a proportionate number is recommended. However, during games unified teams must have 5 athletes and 5 partners in the field at all times.
- A traditional team may only use a maximum of 15 players during the course of the tournament. Therefore, a team may not bring more than 15 players and "rotate" the players on the active roster for each game. (For Unified Sports this maximum number is 16).

- In all levels of softball team competition, a team must start a game with a minimum of **TEN** players. If a player is injured or ejected from a game and the team is left with less than nine players, that team must forfeit the game. If you have 9 players & have to play with nine players, you will take an out for the duration of the game for that athlete's turn at bat.
- Substitutions of athletes for partners or partners for athletes are not allowed in Unified games. The line-up must always remain at 5 & 5 on the field of play.

Softball Individual Skills Competition

This event is for athletes with lower ability, those who are not yet able to compete on a coach-pitch or regulation team. Skills competition will take place on Saturday only.

Softball Rule Reminders & Tournament Modifications

1. A regulation game shall consist of 7 innings. **No new inning will begin after 65 minutes.**
2. Mercy Rule - The game will be considered complete if after 3 full innings of play one team leads the other by 15 runs or more or after 5 full innings a team leads the other by 10 runs or more.
3. During round robin play, a maximum of 1 extra inning will be played. If after 1 completed extra inning, the game will be declared a tie.
4. For round robin games, the home team will be pre-determined and will be declared on the schedule. For playoff games, the team with the better record (lower number seed) will be the home team.
5. The distance from home plate to the pitcher's rubber may be modified to a minimum distance of 12.19 meters (40'). Regulation distance is 50'. The pitcher may change the distance at any time if the venue allows for such changes. Otherwise, the distance from home plate to the pitcher's rubber will be stated in the coach materials prior to the competition.
6. A team has the option of batting the entire line-up during a game (limited to 15 players). When batting the line-up, there are unlimited changes allowed for players on defense, however, the batting order cannot be changed.

Special Olympics "Courtesy Runner" Clarification

There were some questions at regional competition regarding the SOOR "courtesy runner" and how this worked. Here is how SOOR will apply the "courtesy runner rule" at the upcoming state competition:

- a. Each inning, a team may replace one runner (who has reached base safely) with a courtesy runner. This courtesy runner must be the person who recorded the most recent out.
- b. Note: a courtesy runner as defined above is DIFFERENT than a pinch runner - (a pinch runner is a substitution of a player who is not currently in the line up who replaces a player who is in the current lineup).
- c. Teams that bat their entire roster will not be able to use pinch runners since everyone is already considered in the offensive line up.

Divisioning for Softball

Teams will be placed in divisions using regional competition results, staff and committee observation, coaches' feedback and Team Evaluation Questionnaire information.

Criteria/Tie Breakers for seeding placement or awards are as follows:

1. Record
2. Head to Head
3. Run Differential
4. Runs Allowed
5. One Inning Playoff using ASA extra inning rules to be played just prior to semifinals games in that division

SCHEDULE OF EVENTS

Note: A softball specific schedule will be sent to coaches prior to the tournament in a separate document. Final updates will take place at the coaches meeting.

Softball at 2 Venues (Darnell Wright & Newberg HS)

Saturday, July 14

| | |
|-------------------|---|
| 9:00am | Coach Check-in |
| 9:20am | Coaches' Meeting |
| 9:50am | Opening Welcome |
| 10:00am to 5:30pm | Team Competition |
| TBA | Individual Skills Competition and Awards at venue TBA |

Sunday, July 15

| | |
|------------------|-----------------------------|
| 8:00am to 4:30pm | Team Competition and Awards |
|------------------|-----------------------------|

Awards

Awards are an important part of the Special Olympics competition experience. Organizers will focus on creating an awards area that highlights athletic accomplishment and determination with a dignified presentation.

Awards will be presented at the venue immediately after the completion of competition divisions and results are compiled. Coaches are encouraged to help organizers get athletes to the staging area so that awards can be conducted in a timely manner.

Sportsmanship Awards

Sportsmanship awards will be presented to the team in each division that represents the true spirit of courage, competition and sportsmanship. Committee members and officials will determine the recipients.

On rare occasions, the committee may feel that no team is worthy of the sportsmanship award within a division.

Changing Room Status

- Darnell Wright – Public restrooms only. Please come dressed to play.
- Newberg HS – Locker room facilities available at school but they are not very close to softball fields. Recommend that you come dressed to play.

Meal Distribution

Lunches will be provided on-site at each venue as follows:

- Newberg HS – Commons
- Darnell Wright – Designated Tent Area

On Saturday, dinner will be served from 4:30pm to 6:45pm in the grass field area east of the Newberg High School track stadium (near Mabel Rush Elementary).

In addition, concessions will be available at each venue.

SPECIAL EVENTS

MEALS

Breakfast

Breakfast arrangements have been determined for each Local Program based on housing assignments. Please check with your Head of Delegation for information on your team's breakfast plan.

Lunch

Lunch will be provided at the venues on Saturday and Sunday for all registered delegates (coaches, chaperones, athletes and unified partners).

Dinner

Saturday night dinner will be provided to all registered athletes, unified partners and coaches that indicated this on their Games Confirmation Form. It will be served at Newberg High School prior to the Games Ceremonies and Dance. Dinner will be outdoors located in the large grass field east of the NHS Stadium (near Mabel Rush Elementary).

It is the responsibility of the local programs to help communicate to family members and non-registered supporters that all meals are for REGISTERED athletes, Unified Partners, coaches and volunteers only.

Note: It is also important that teams get to the dining facilities and eat in a timely manner so that others may also be seated.

SUMMER STATE GAMES DINNER – SATURDAY NIGHT

Venue

Newberg HS - located in the large grass field east of the NHS Stadium (near Mabel Rush Elementary).
1410 N. Elliott
Newberg, OR 97132

Directions to NHS

See *Maps & Directions* section of this handbook for directions to NHS.

Saturday Dinner

A large group of community volunteers have come together to organize and serve an outdoor picnic dinner. Many local merchants and vendors donated items for this meal. We would love to have you and your athletes help us express our gratitude by thanking them when you are served.

Dinner will run from 4:30pm to 6:45pm located in the large grass field east of the NHS Stadium (near Mabel Rush Elementary). Everyone will be asked to try to finish dinner by NO LATER than 6:45pm so that teams can make their way to parade of athletes staging.

Outdoor Dinner Menu

Chicken Pasta Florentine (vegetarian and gluten-free options will be available)

Tossed Salad

Reser's® Jello-Salad

Good Humor Ice Cream Bar

Bottled Water

Trained servers will be on staff to assist with expediting the buffet lines and to assure health and hygiene.

GAMES CEREMONIES

Saturday Night, July 14 at Newberg HS Stadium

The Games Ceremonies promises to be a memorable event for athletes, coaches, volunteers and families. Please plan to attend this event to get the full experience of Summer State Games.

- LETR Final Leg Arrival to NHS at 5:20pm
- Additional entertainment will be provided during dinner
- Staging for Parade of Athletes begins at 7:00pm – located near the dinner area. Signage for each Local Program will be provided. Staff and volunteers will be in this area to assist delegations.
- Parade of Athletes begins at 7:30pm
- Teams will parade onto the field and will stand for the duration of the ceremonies.
- Specific information regarding entrance procedures and seating for individuals in wheelchairs will be shared in the coaches' packets on-site.
- Parade of Athletes, Games Ceremonies & Torch Lighting– 7:30pm to approx. 8:30pm
- Victory Dance (DJ Music) presented by Prudential Northwest will start after the lighting of the torch until 9:30pm
- **IMPORTANT!** Team Buses will be asked to only line up in the bus pick-up area when ALL RIDERS are ready to board. We had many problems with empty or not yet filled buses lingering and blocking other full buses that were ready to go in 2011. In some cases, we saw delays as long as 20 to 30 minutes because of this. We will have radio communication from the loading area to the bus staging/parking area to assure that buses are notified when their delegation is ready to be picked up. Signs to be placed in your bus will be provided to assist with this.

OLYMPIC TOWN

Olympic Town Information

Olympic Town is located at Newberg High School just north of the track on the football practice field adjacent to Mountain View Middle School. Athletes and coaches are encouraged to visit this venue when not competing.

For those coming from off-site venues, you are encouraged to park in the Mountain View Middle School parking lot located at 2015 N. Emery Dr, Newberg OR 97132

Olympic Town will feature many options for fun, education, entertainment and social interaction. Some of the activities will include a large inflatable structure to bounce and climb on, metal detection club, displays, recreation activities, Law Enforcement Torch Run® booth and more!

There will also be a large souvenir booth at Olympic Town.

Coaches are expected to provide proper supervision at this venue.

Healthy Athletes Information

Healthy Athletes provides opportunities for Special Olympics Oregon athletes to receive important health services and information. These services will be located in the gymnasiums at Newberg HS.

Opening Eyes, Healthy Hearing, FUNfitness, Special Smiles, Health Promotions and a new program called TRAIN (Testing Recreational Activities & Improving Nutrition) will all be providing free screenings, educational sessions, interactive games and giveaways for Special Olympics Oregon athletes.

For more information, contact Joann Stoller at jestoller@soor.org or 503.248.0600 x 31.

Law Enforcement Torch Run® benefiting Special Olympics Oregon – Final Leg

Officers from all over the state will arrive at Newberg HS on Saturday evening at around 5:20pm carrying with them the Flame of Hope.

The Final Leg of the Torch Run will end near the dinner venue located in the grass field just east of the NHS stadium. A stage will be set for officers and others to address the crowd and celebrate the fundraising and awareness generated by our LETR participants.

SOUVENIR SALES

Souvenirs will be sold at various venues. Please see schedule below. Shop early for best selection.

Newberg HS (in Olympic Town)

- Saturday, 7/14 – 9:00am to 4:00pm (will also sell souvenirs near the stadium during the dance)
- Sunday, 7/15 – 8:00am to 1:00pm

Austin Sports Complex (bocce venue)

- Saturday, 7/14 – 9:00am to 3:00pm
- Sunday, 7/15 – 9:00am to 1:00pm

Darnell Wright Softball Complex

- Saturday, 7/14 – 9:00am to 3:00pm
- Sunday, 7/15 – 8:00am to 1:00pm

Chehalem Glenn Golf Course

- Saturday, 7/14 – 9:00am to 3:00pm
- Sunday, 7/15 – 8:00am to 1:00pm

The souvenir inventory will include a limited amount of games shirts & other items from the Special Olympics Oregon general souvenir line. Quantities on all items are limited. You can also shop for souvenirs year round at the Special Olympics Oregon on-line store at www.soor.org

SHUTTLE BUS/VAN SERVICE

Continuous shuttle bus service will be provided between venues on Saturday & Sunday. Further, there will be some designated bus parking areas which will also have courtesy shuttle for the driver.

ANY SHUTTLE BUS SCHEDULE UPDATES/CHANGES WILL BE SHARED AT COACHES' MEETINGS & WILL BE PUBLISHED AT THE SHUTTLE STOPS AT EACH VENUE.

A shuttle dispatcher (with communication tied into the Games Committee and the shuttle buses) will be positioned at the Newberg Bus Drop/Load Area during the following dates/times:

- Saturday, 7:00am to 10:00pm
- Sunday, 7:00am to 4:00pm

Saturday, July 14

- **7:30am to 7:00pm**
 - **Bus #1 – Start at Newberg HS to Bocce (drop at Joan Austin Elementary which adjacent to the Austin Sports Complex) & Crater Elementary parking lot which is adjacent to Darnell Wright Softball Complex) – large bus with lift available**
 - Starts at Newberg HS (NHS) at 7:30am and will make continuous loops between Austin Sports Complex, Darnell Wright Softball Complex and NHS
- **7:30am to 10:00pm**
 - **Newberg HS Parking Shuttle Bus #1 – Church of Christ Lot – large bus with lift available**
 - Loops from Church of Christ just south of high school campus at the corner of Elliot and Haworth (Bus Parking & Overflow lot) as needed
 - **Newberg HS Parking Shuttle Bus #2 – A-dec Lot - large bus with lift available**
 - Loops from A-dec (Bus Parking & Overflow lot) as needed
- **As needed**
 - **Golf Course Shuttle**
 - SOOR will provide shuttle to and from Chehalem Glenn Golf Course as needed (on call number will be provided) – courtesy of Chehalem Parks & Recreation District

Sunday, July 15

- **7:30am to 4:00pm – large bus with lift available**
 - **Bus #1 - Start at Newberg HS to Bocce (drop at Joan Austin Elementary which adjacent to the Austin Sports Complex) & Crater Elementary Parking Lot 9which is adjacent to Darnell Wright Softball Complex) – large bus with lift available**
 - Starts at Newberg HS (NHS) at 7:30am and will make continuous loops between Austin Sports Complex, Darnell Wright Softball Complex and NHS
- **7:30am to 3:00pm**
 - **NHS Parking Shuttle Van – A-dec Lot – large bus with lift available**
 - Loops from A-dec (Bus Parking & Overflow lot) as needed
 - No overflow available at Church of Christ Lot on Sunday
- **As needed**
 - **Golf Course Shuttle**
 - SOOR will provide shuttle to and from Chehalem Glenn Golf Course as needed (on call number will be provided) – courtesy of Chehalem Parks & Recreation District

INFORMATION, HEALTH & SAFETY

INFORMATION, HEALTH & SAFETY

Summer State Games Medical Director

Ron Forbes, Event Medical Services

Additional Medical Support

Newberg Fire Department

Lost and Found Persons

Athletes that are lost at a venue should be directed to the tournament headquarters area. On Saturday night at NHS – please take athletes to the dinner stage during dinner time and the main stage during ceremonies and dance.

Lost and Found Possessions

Lost and found possessions can be given to the tournament headquarters at each venue. All lost and found items gathered on Saturday will be taken to the Ceremonies on Saturday night. Special Olympics Oregon will hold lost items for 30 days and then will donate or throw away unclaimed property.

First Aid

Medical stations with trained personnel will be available at all competition and special event sites. These will be clearly identified with red signage that says MEDICAL. Typically these are located near the headquarters tent at each venue. For athletics, there will be multiple medical stations. The precise location of medical stations at each venue will be shared in more detail at the coaches' meeting.

Any athlete or coach who requires medical attention should be taken immediately to one of the first aid stations.

Do not take an athlete or coach directly to a hospital or seek medical treatment before going to one of the above-mentioned first aid stations. Please keep our medical support staff informed of any problems, since they are the most fully prepared to handle them. Computer medical files will be kept at one central location for quick reference (as a backup – since coaches should have a hard copy of each of their athletes with them). Please keep your medical form copies with you at all times.

Health Checklist

Coaches and parents should use the following checklist for athletes competing in the 2012 Special Olympics Oregon Summer State Games:

- Medications - Each athlete or delegation member should have a complete supply of medications and a schedule indicating exact dosage. Should a delegation member require treatment, the medical staff must have accurate information so that proper treatment may be provided.
- Personal Health Items - All participants should use sunscreen if spending time outdoors! Individuals with blond or red hair or sensitive skin should use a sunscreen with a high SPF factor. Everybody burns regardless of skin pigmentation. Some common medications are photo-sensitive, causing an individual to burn easily.
- Diet - A balanced diet is essential to the athletes' performance at the Games. The diet should contain extra carbohydrates (in the form of starches) and fresh fruit and vegetables whenever possible. Athletes and members of the delegations should be discouraged from eating greasy, fried or fatty foods. Athletes should not drink soft drinks for breakfast or lunch, and should limit their intake at dinner.
- Clothing - Athletes should have clothing appropriate for their venue. Wear layers to ensure flexibility for changing indoor & outdoor conditions.

- Liquids - Each athlete should drink extra fluids with meals and at regular intervals at the sports venues. Athletes and members of the delegations should always drink plenty of water.
- Medic Alert Tags - Athletes who have diabetes, epilepsy (seizures), or allergic reactions to medication should wear their Medic Alert tags at all times.

Special Medical Problems

The Medical Committee expects coaches to be aware of their athletes' medical needs. The following list contains special medical problems that may occur in an athletic event such as the Summer State Games, specifically heat and dehydration related illnesses.

- Muscle Cramps - These cramps usually involve the arm, leg or abdominal muscles. Generally, the cramps begin within two hours of vigorous exercise, and often occur during the "cool down" period. An athlete experiencing muscle cramps should be taken to the nearest first aid station for care. Treatment for muscle cramps consists of fluid replacement with water or a weak salt solution. An athlete who is treated for muscle cramps should have extra rest and plenty of fluids.
- Epileptic Seizures or Convulsions - Most epileptic seizures last two to four minutes. First aid for seizures or convulsions consists of gently protecting the victim from injuring himself and gently turning the victim's head to the side so that saliva or vomitus drains from the victim's mouth. It is important not to force anything into the victim's mouth, not to leave the victim alone, and to call the nearest first aid station or hotel security.
- Heat Exhaustion - This is a more serious heat-related illness than muscle cramps, and is characterized by physical weakness, light-headedness, confusion, nausea, and cramping. Also, body temperature is usually normal or slightly elevated. Any athlete who has been exposed to heat and "just doesn't feel well" may be suffering from heat exhaustion. Treatment of the heat exhaustion consists of moving the athlete to a cool environment, allowing the athlete extra rest, and providing fluid replacement.
- Heat Stroke - Heat stroke is caused by the body's inability to dispense of heat properly under existing environmental conditions. This causes an athlete's body temperature to rise quickly to intolerable levels (106°F). Symptoms of heat stroke are similar to those of heat exhaustion and may include delirium, coma and seizure activity. A victim of heat stroke ceases to sweat and develops "goose flesh." Treatment for heat stroke consists of rapid cooling in an ice bath and immediate hospitalization.
- Cold & Exposure – Please make sure that athletes who will be spending time outdoors are properly equipped with warm and waterproof clothing. Hand warmers and dry clothing are good things to pack in your day bag.

The Medical Committee feels coaches should be aware that the following predisposing factors will make heat related illness more likely to occur.

- Illnesses - The conditions, which make a person more susceptible to heat illness, are diabetes, heart disease, high blood pressure, and thyroid gland diseases.
- Medications - Medications, which make a person less tolerant of the heat, are tranquilizers, antidepressants, diuretics, sedatives and thyroid drugs.
- Age - Young children and elderly people are more prone to heat and cold related illnesses than teenagers and middle age people.

Fluids

Special thanks to the Water Brigade comprised of members from the Newberg Family Life Church and Knights of Columbus. Further, a big thank you to Coca-Cola for donating bottled water.

We cannot over-emphasize the consumption of water during the Games. Water, not a soft drink, is an essential component of every practice session and meet. In the past, there have been cases of heat exhaustion, which are directly related to insufficient liquids. Coaches are encouraged to bring thermos jugs or canteens so that everyone has water at all times. There will be water available to refill your containers. Please take advantage of this service.

Disciplinary measures will be taken against coaches who jeopardize the health and safety of their athletes by depriving them of water during the Games.

Water (swimming at hotels) Safety

A certified lifeguard must be on duty for athletes, partners and coaches to be permitted to swim in a pool or hot tub at a hotel. No exceptions. SOOR does not provide a certified lifeguard.

Insurance Incident Reporting

Special Olympics Oregon Insurance

SOOR is covered under a Liability and Accident Insurance plan through Special Olympics Inc. This insurance covers the State Program office, State, Regional and Local competitions, and Local Program practices.

SOOR provides Personal Injury coverage at sanctioned Special Olympics events. If an athlete, volunteer, or spectator is injured at a sanctioned Special Olympics event, a claim may be filed for Personal Injury coverage. This insurance does not cover illness, even if the illness occurs during a Special Olympics event. Personal Injury Coverage is secondary medical coverage only. This means that if an individual has any other medical /accident insurance coverage, that insurance will be primary. Any portion of a related claim not paid by the primary insurer will be considered for payment by Special Olympics insurance.

SOOR provides negligence coverage at sanctioned Special Olympics events. This coverage is primary if, in the conduct of Special Olympics affairs a SOOR volunteer, athlete, and/or State Program staff member is involved in an incident: 1) resulting in property damage; 2) resulting in personal injury; 3) resulting in allegations of negligence.

This insurance does not cover replacement of SOOR sports equipment or office equipment. The State Program office is not responsible for any Local Program or athlete equipment brought to State competitions.

Any accident involving injury of an athlete, coach, volunteer or spectator at a Special Olympics Oregon competition must be reported immediately to the First Aid Station at the venue. Any incident resulting in property damage at a competition venue must be reported immediately to the SOOR staff person in charge on site. SOOR staff is then responsible for filing the claim with the insurance company. Claims must be filed in a timely manner for consideration of coverage.

If an Accident Occurs:

1. Immediately seek medical care for injured individual at the First Aid Station at the venue.
2. Fill out Incident/Accident report form and leave form with First Aid Station Coordinator.
3. Within reason, please fill out a form for all injuries requiring First Aid. An injury may appear minor, but develop into an injury requiring a doctor's visit.
4. If the injury results in a trip to the hospital, after consulting with First Aid, be certain to fill in the off site treatment information required on the form. Return the form to the venue First Aid Station Coordinator.
5. The First Aid Station Coordinator will be responsible for giving all forms to the SOOR staff person on site. SOOR staff will fax the Incident/Accident form to the insurance company as needed. The form will be filed at the SOOR office for reference.
6. If an accident resulting in injury occurs on the way to or from the competition, the Incident/Accident report form must be submitted to a SOOR staff member as soon as possible (within 48 hours.)

If an Incident Occurs:

1. Immediately remove athletes, volunteers and spectators if property damage has occurred resulting in a dangerous situation. Promptly notify venue and SOOR staff.
2. Fill out Incident /Accident report form listing witnesses to incident resulting in property damage as appropriate.
3. Turn in Incident/Accident report form to SOOR staff on site at venue incident occurred.

DIRECTIONS & VENUE MAP

DRIVING DIRECTIONS

In general, you will find the 2012 Special Olympics Oregon Summer State Games VENUE MAP to be useful in getting from venue to venue. See MAP on next page

There are several ways to get to Newberg from all over Oregon.

We suggest that you research your route based on your starting location and also research the route to and from your lodging site.

One resource to find door to door driving directions is www.mapquest.com

Below are directions for one of several routes one can use to get to Newberg HS from Interstate 5:

| |
|--|
| <p>Directions to Newberg HS 1400 N. Elliott Newberg, OR 97132</p> |
|--|

From I-5:

- Take OR-99W Exit (294) toward Tigard/Newberg for 0.3 miles
- Turn Slight Right onto SW Barbur/Blvd/OR-99W/PACIFIC HWY W/SW PACIFIC HWY. Continue to follow OR-99W S/PACIFIC HWY W for 14.5 miles
- Turn RIGHT onto N. Elliott and follow until you reach the NHS Parking Lot
 - Buses will be instructed to drop off and park in a designated area
 - Cars will be instructed to park in another area
 - Overflow parking lots will be available as well

NOTE: There is also an entrance to Newberg HS from Douglas Ave. We are asking Special Olympics Oregon teams to use the Elliott Street entrance as it has the best drop off area and more parking spaces.

Summer State Games Maps



Thank You, Newberg!



**Special Olympics
Oregon**

-  Newberg High School
1400 N. Elliot, Newberg, OR 97132
-  Darnell Wright Sports Complex
265 W. Foothills Drive, Newberg, OR 97132
-  George Fox University: Austin Sports Complex
1118 Crestview Drive, Newberg, OR 97132
-  Chehalem Glenn Golf Course
4501 E. Fernwood Road, Newberg, OR 97132

MISCELLANEOUS FORMS

Special Olympics Oregon - PROTEST FORM

Form must be submitted to the tournament headquarters at venue NO LATER than 30 minutes after the conclusion of the event being protested. Reminder, protests cannot be submitted solely on the basis of a judgment call by an official.

| | |
|--------------|------------------------|
| Date: | Time Submitted: |
|--------------|------------------------|

| | |
|---------------|------------------|
| Sport: | Event: |
| | Division: |

| | |
|---------------------------|-----------------------|
| Athlete/Team Name: | Local Program: |
|---------------------------|-----------------------|

| |
|----------------------------|
| Reason for Protest: |
|----------------------------|

| |
|---------------------------------|
| Signature of Head Coach: |
|---------------------------------|

| | |
|---|--------------------|
| Decision of Jury/Referee: | For GOC Use |
| Protest Approved _____ | |
| Protest Denied _____ | |
| Signed (competition director or head official) _____ | |
| Time _____ | |